



	Egg	Fish	Milk/Lactose	Peanuts	Sesame	Crustaceans	Soy	Tree Nuts	Wheat & Gluten <sup>1</sup>	Sulphites	Autolyzed Yeast Hydrolyzed Prot. <sup>2</sup>	Nitrites/Nitrates
Chicken Classic (Breaded Chicken)	•		•				•		•		•	
Chicken Schnitzel	•						•		•		•	
Chicken Strips - Plain							•				•	
Chicken Strips - Teriyaki Glazed					•		•				•	
Poached Egg	•											
Italian B.M.T.® Meats			•				•					•
Meatballs & Marinara			•				•		•		•	
Oven Roasted Chicken			•				•				•	
Roast Beef									•			
Subway Seafood Sensation™	•	•				•	•		•			
Steak, Diced							•		•	•	•	
Tuna	•	•					•					
Turkey										•		
Veggie Patty									•			
<b>Cheese</b>												
Cheddar Cheese			•				•					
Mozzarella Cheese, Shredded			•									
Old English Cheese			•				•					
Swiss Cheese, Natural			•									
<b>Condiments &amp; Dressings</b>												
BBQ Sauce												
Chipotle Southwest Sauce	•		•				•				•	
Garlic Aioli			•				•			•		
Honey Mustard Sauce												
Hot Chilli Sauce			•				•		•	•		
Mayonnaise	•						•					
Ranch Dressing			•									
Sweet Chilli Sauce												
Sweet Onion Sauce (Contains Poppy Seeds)												
Thousand Island	•		•				•					
Tomato Sauce												
<b>Vegetables</b>												
Avocado												
Beetroot (SA and NNSW only)												
Jalapenos												
Olives												
Pickles												
Pineapple (VIC and Tas only)												
Vegetables, Fresh												
<b>Desserts and Sides</b>												
Chocolate Chip	•		•	*	*		•	*	•			
Double Chocolate Chip	•		•	*	*		•	*	•			
Chocolate Chip M & M (WA and SA only)	•		•	*	*		•	*	•			
Raspberry Cheesecake	•		•	*	*		•	*	•			
White Chip Macadamia Nut	•		•	*	*		•	•	•			
<b>Smoothies</b>												
Banana			•									
Caribbean			*									
Mango			•									
Strawberry			•									

• Contains

▲=Allergen info for additional condiments and breads are listed separately on this chart.

\* May contain traces

<sup>1</sup> Wheat & Gluten categories are combined since all Subway® gluten-containing items contain wheat.

<sup>2</sup> Autolyzed yeast and hydrolyzed protein can cause a similar sensitivity that MSG (monosodium glutamate) causes.